

**Schooner Adventure Expedition to Star Island, Summer Solstice Sail, June 17-19, 2019**  
**Passenger Information**

**Advanced Preparation and Packing**

Please refer to the recommended packing list of clothes, medicines, and your boat gear. **Please make sure to equip yourself with warm layers and rain gear, as it can be quite cold on the water even in the Summer months.** Adventure and the Star Island Hotel prefer duffels or soft bags, no wheeled luggage. Pack as lightly as you can in bags up to 40 pounds each. Label your bags with name and address. If you wish to BYOB for the passenger social hours at the hotel, pad it while packing and tag it with a “fragile” label. Pack a day bag for yourself on deck, see packing list.

**Departure Day – Monday June 17 starting 0730 AM**

The vessel will be berthed at **Maritime Gloucester, located at 23 Harbor Loop, Gloucester MA.** When you arrive, you will be greeted by Expedition Leader Steve Hall, and *Adventure’s* Captain and Crew. You have the option to drop off your bags prior to parking in the recommended location. We will have maps to the parking location available. Please note that an early arrival is recommended. As you board, Coffee and Pastry will be available on the deck of *Adventure*. Lunch, water, and snacks will be served later, underway.

**Long Term Car Parking**

The recommended long-term parking is available at the Gloucester MBTA Commuter Rail Station. The lot is located adjacent to Doyon’s Appliance at **15 Whistlestop Way.** An *Adventure* crew member will meet you to make sure your parking and transfers are working smoothly. The daily parking fee is \$4.50 per day –while there is a pay-by-plate option, **we recommend that you pay in advance using the MBTA pay-by-phone application.** You should pay in advance if you have an out of state license plate. At the RR cab stand on the opposite (South) side of the tracks, taxis will be available to take you to Maritime Gloucester. The cab fare is a flat fee of \$3.50 per taxi.

**0730 to 0830 AM Check-in and Boarding.**

Crew members will help you cart your luggage to the boat. Please proceed directly to the check-in table at the end of the pier adjacent to *Adventure*. During check-in, please complete the **Passenger Waiver** and **Medical Information Forms** if you have not done so already. Personal information will be kept under seal by the Captain and returned to you upon our return to Gloucester. Note any allergies. Name tags and bag labels will be available. There are rest rooms available at Maritime Gloucester should you wish to use them before departure.

**0900 AM Departure** As soon as we are all boarded we will have welcome/safety briefings and depart no later than 0900.

**Schooner Adventure Expedition to Star Island, Summer Solstice Sail, June 17-19,2019,  
Itinerary and Program**

<u>Start Time</u>	<u>Description</u>	<u>Comments</u>
<b>Monday 18</b>		
0730	Passenger arrival begins	At Maritime Gloucester, parking, luggage check in, coffee
0800	Passenger Boarding	
0900	Adventure Depart	Sailing Activities Underway: Sessions and Classes
Mid AM	Mug-Up	
tbd	Natural history	Bird and whale spotting and ID contest
1130	Lunch	
Mid PM	Mug Up	Stories and Sea Chanties
1530 ETA	Arrival	Check In at Star Island Hotel
	Optional scheduled activities	See supplemental schedule on page 2
1600-1830	Passenger free time	Open Hotel Activities: Read, Shop, Hike, Aquarium, Swim, Row
1730-1830	Passenger Social hour	Room to be assigned. BYOB.
1830-1930	Dinner served	Mix with other guests or sit at assigned table(s)
1930	Adventure Historical Talk The Adventure Story	Ms. Ann Beattie, Historian, <b>The Artistry of the Shoals, &amp; Celia Thaxter</b> Video 15 Minutes following Ann, open to all hotel.
<b>Tuesday 18</b>		
0700	Polar Bear Dip	Others can watch, have coffee, and warm-up a hotel rocker
0800-0900	Breakfast buffet	Hotel Dining Room ... Smell bacon? Come early!
0900	Passenger free time	Open Hotel Activities: Read, Shop, Hike, Aquarium, Swim, Row
1230-1330	Lunch served	Tables to be assigned
1330-1630	Day Sail from Dock	Optional for Us; Recommended for Hotel Guests, Meet at Pier
1430-1630	Shoals Marine Lab Tour	Meet at Pier; Recommended Option for Passengers
1330-1730	Passenger free time	Open Hotel Activities: Read, Shop, Hike, Aquarium, Swim, Row
1730	Passenger Social hour	Room to be assigned. BYOB.
1830-1930	Dinner served	Dining Room; Lobster Night (optional, ticket required)
1930	Adventure Historical Talk	Ann Beattie, Historian, <b>Infamous Isles of Shoals</b> , open to All
2030	Pelican Talent Show	Hotel Lobby
2130	Adventure Solstice Campfire	Marshmallow Roast and Songs, Site to be assigned
<b>Wednesday 19</b>		
0800-0900	Breakfast buffet	Dining Room
0900	Hotel check out	Transport Provided For Luggage
0900	Boarding	Crew check-in, label, load, and secure luggage
0930	Depart	Coffee and pastry available
AM	Sailing activities	Seamanship Sessions and Classes
1130	Lunch	Hotel Catered box lunches
AM	Natural history	Knot tying and ... Bird and whale spotting and ID Contest
	Mug Up	Stories and Sea Chanties
1530 ETA	Arrival	Maritime Gloucester

<b>Star Island</b>	<b>Supplemental Schedule</b>	<b>Schooner Adventure Itinerary and Program, Page 2</b>
<b>Monday</b>	<b>Hotel Activities</b>	<b>Open to Adventure and All Guests</b>
1600	Geology Walk Island Tour	Meet at Rutledge Marine Lab
<b>Tuesday</b>	<b>Hotel Activities</b>	<b>Open to Adventure and All Guests</b>
1330-1630	Day Sail from Dock	Optional for Passengers; Recommended for Hotel Guests,
1400	Island Sustainability System	Meet at Porch Chalkboard
1600	Island Botany Walk	Meet at Rutledge Marine Lab
1630	Ship Tours for Hotel Guests	If there are signups at the Lobby writing desk
1930	Ghosts and Graveyards Tour	Meet at Vaughn Cottage

### **Schooner Adventure Expedition Food and Beverage Policies**

During the voyages to and from the Isles of Shoals, Adventure will provide coffee and pastries in the morning, a box lunch, and snacks while underway. Water will be available aboard, and it is recommended that passengers bring personal water bottles as opposed to single-use containers. Passengers are welcome to bring their own snacks and soft drinks. Please note any dietary allergies on your medical form. While we make every effort to accommodate dietary restrictions, please note that it may not be possible to provide for every need. If you require a particular form of sustenance, you are welcome to bring it with you. We can store it aboard and make it available when needed.

Alcohol use is not permitted while underway, but you are welcome to BYOB to participate in the Monday and Tuesday evening Passenger Social Hours. Please note that during those events alcohol consumption will be limited to the area in which the gathering is held in accordance with Hotel Policy.

Please see "Star Island Visitor Information and Policies" for additional detail.

### **Packing List – Label each piece with your name, address, and phone – soft bags up to 40lbs each**

Pack a **day bag**, tote, or backpack with: sun, wind, rain, and weather protection. Layers are preferable, e.g. fleece and windbreaker with hood. **Rain suit or wind breaker jacket and pants.** Hat with a strap or clip. Binoculars for spotting birds and whales. Camera or phone/camera. Refillable water bottle.  
Any food or snacks you can't live without  
BYOB - Pad and label your BYOB package, including "Fragile"  
Insect repellent  
Headlamp or flashlight and batteries  
Second pair of dry shoes  
Water shoes  
Swim suit  
Camera supplies  
Phone or camera phone with charger and small 3 way extension cord.  
Second sweater or fleece.  
Summer clothes  
Shorts and pants  
Long and short sleeve shirts  
All prescription meds (including enough for extra days), *Bonine or equivalent if you have motion sensitivity*, inhalers, and non-expired EPI pens for allergies.

### **Hotel Payments and Shopping**

Visa and MasterCard are accepted for Star Island room & board bills, including the optional Appledore Lab/Celia Thaxter Gardens trip, the NEH conference lectures, and for the Wednesday evening optional lobster. **You should pay for your room and board on Wednesday and avoid a crunch on Thursday morning. There is no island ATM.**

Your purchases at the gift shop, the Star Island book store, sundry shop, and snack bar can be paid in cash or credit card at the time of purchase. These charges will not be on the room bill.

### **Recommended Reading – some available in the *Adventure* ship store and Island Gift Shop**

*Adventure* – Joseph Garland

*Alone at Sea* – John Morris

*Captains Courageous* – Rudyard Kipling

*The Mortal Sea: Fishing the Atlantic in the Age of Sail* – W. Jeffrey Bolster

*Field Guide to New England* – National Audubon Society

Excerpts from: *Celia Thaxter – Poet and Painter* – Barbara Pero Kampas (attached separate document)

*Mystery on the Isles of Shoals: Closing the Case on the Smuttynose Ax Murders of 1873* -- J. Dennis Robinson

### **Emergency Medical Information**

The US Coast Guard requires passenger emergency medical forms be completed and signed for your passage on Schooner *Adventure*. A form will be included with this Passenger Information. **Please complete and return your forms no later than June 12.** All personal information will be kept under seal by the Captain and returned to you upon departure.

### **Emergency Contact Information**

Your cell phones will work on Schooner *Adventure* and at the Hotel, west porch.  
Hotel Front Desk is (603) 601-0832. Ally Miner is our Hotel Management contact.  
Steve Hall, Expedition Leader cell: 617-571-4412

Star Island visitor information and policies, see all: <http://starisland.org/faq-category/important-info/>

### **Alcohol, Tobacco Products & Illegal Drugs**

Compliance is expected with all federal and state laws governing the use of alcoholic beverages by persons under 21 years of age, use of tobacco products by persons under 18 years of age, and the possession and/or use of illegal drugs. Consumption of alcoholic beverages is not permitted in public areas (except if included as part of a conference function). Alcohol and tobacco products are not available for sale on the island. Those who engage in excessive drunkenness or possess or use illegal drugs will be required to leave on the next boat and will be charged for the full conference period. Beyond the obvious safety issues caused by the use of illegal drugs, most people are not aware of the significant penalties associated with transporting illegal drugs in US waters – conferees should be aware that their luggage is subject to baggage screening as per all applicable laws. People attempting to bring illegal drugs to Star Island risk significant penalties including heavy fines and long-term incarceration, and they jeopardize the Star Island Corporation in the process.

### **Medical Considerations**

- Star Island is a small island in a remote location with access only by boat. Although there is a first aid station on the island, it is equipped for only basic emergency and first aid treatment and may not be staffed at all times. In addition, the travel time to an off-island medical facility is a minimum of an hour and may be much longer depending upon weather and sea conditions. Star Island Corporation strongly recommends not participating in a program if you suffer from any medical condition which might reasonably require emergency medical response including but not limited to heart conditions, the last trimester of pregnancy, severe allergic reactions, dementia, illnesses which require ongoing medical treatment or monitoring and other similar conditions. Additionally, if you have had or expect to have had recent surgery, neurological problems resulting in impaired mobility, mental health issues requiring use of medications or other similar conditions, or if you use or expect to use specialized medications, medical equipment, portable oxygen or other similar items, the Star Island Corporation strongly recommends consulting your physician to ensure that Star Island is a suitable environment for you to visit. Guests on Star Island are responsible for their own medical condition while on the island, including monitoring of health conditions and making sure that they have adequate medication to address any possible medical issues which may arise. If personal assistance is needed, please bring your own care attendant as Star does not have assisted living facility capabilities. There are inherent risks in traveling to and staying on Star Island which cannot be eliminated, such as exposure to elements on a remote island including but not limited to inclement weather, wildlife and unmonitored terrain; the potential for others participating in conference programs to act in a negligent manner that may cause or contribute to injury, harm or death; and lack of access to a medical facility without extensive travel by boat and motor vehicle.
- Bring enough of any needed medicine to cover the length of the stay plus an extra four days. All controlled medications must be locked up at all times (lock boxes provided). No prescription medications are kept on-island and there is no guarantee that we can get specific prescriptions filled. Star is in a remote location, and there are inherent risks in traveling to and staying on Star which cannot be eliminated. We strongly recommend not coming to Star if you suffer from any condition which might reasonably require emergency medical response. Conferees who knowingly come to Star with such a condition and then require emergency medical evacuation will be charged for the full conference. Individuals with assisted living requirements should make arrangements to ensure the requisite level of care during their visit, which may include hiring a health aide. Guests are responsible for their own medical condition while on the island, including monitoring health conditions and ensuring that they have adequate medication to address any possible medical issues which may arise.